

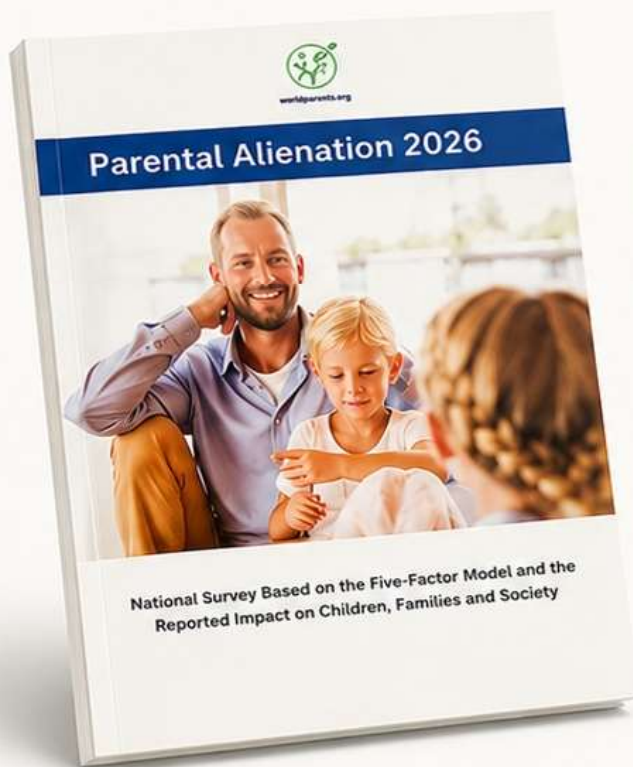


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MONTHLY WEBINAR



Parental Alienation Survey 2026 – Based on the Five Factor Model

BRAINSTORM: Share ideas and identify challenges



- ✓ What are the biggest challenges in parental alienation?
- ✓ What needs to change to create real and lasting solutions?
- ✓ What other ideas and priorities should we focus on together?

HOST

Jesper Lohse



**THURSDAY
3 SEPTEMBER**

18:00 – 19:00

(GMT +2)
COPENHAGEN TIME



ONLINE WEBINAR
IN ENGLISH



REGISTRATION AT
worldparents.org



**TOGETHER WE CAN
MAKE A DIFFERENCE.**

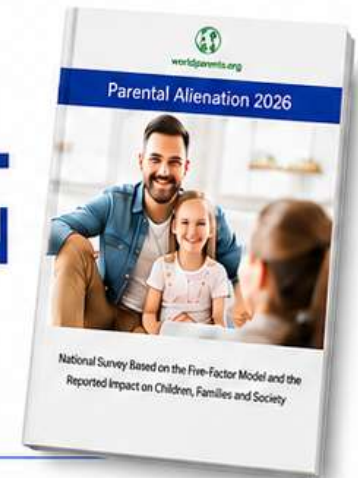
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THE FIVE-FACTOR MODEL FOR ASSESSING PARENTAL ALIENATION



FACTOR 1



CONTACT RESISTANCE OR REFUSAL

The child resists or refuses contact with one parent.

FACTOR 2



PREVIOUS POSITIVE RELATIONSHIP

The child previously had a positive and mutually satisfying relationship.

FACTOR 3



NO ABUSE OR NEGLECT

No abuse, neglect or seriously deficient parenting by the rejected parent explains the rejection.

FACTOR 4



ALIENATING BEHAVIORS

The other parent has engaged in multiple alienating behaviors.

FACTOR 5



BEHAVIORAL SIGNS IN THE CHILD

The child shows several signs commonly associated with parental alienation.



HUMAN AND SOCIETAL CONSEQUENCES

We asked about the human and societal consequences of parental alienation.



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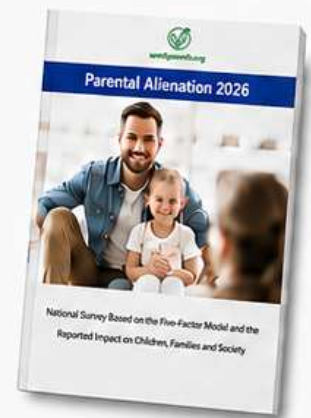


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PARENTAL ALIENATION SURVEY 2026 RESULTS – FACTOR 1 TO FACTOR 3

Based on the Five-Factor Model



TOTAL RESPONDENTS
1,705



MALE (FATHERS)
1,547 (91%)



FEMALE (MOTHERS)
158 (9%)



RESPONSES
VARY BY QUESTION

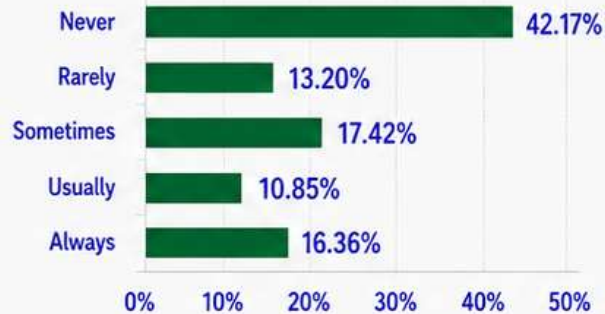
FACTOR 1

CONTACT RESISTANCE OR REFUSAL



How often does your child
avoid contact with you?

(n = 1,705)



27.21% experience avoidance
usually or always.

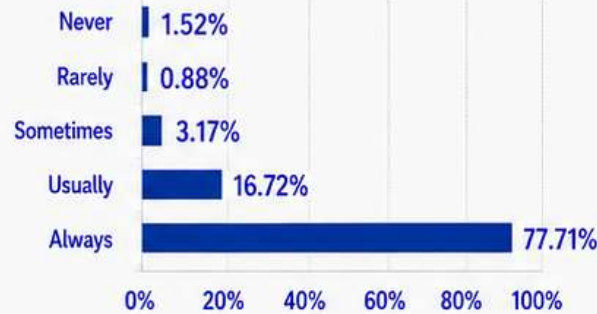
FACTOR 2

PREVIOUS POSITIVE RELATIONSHIP



In the past, did you have a healthy,
mutually satisfying relationship
with your child?

(n = 1,705)



94.43% had a positive and
mutually satisfying relationship.

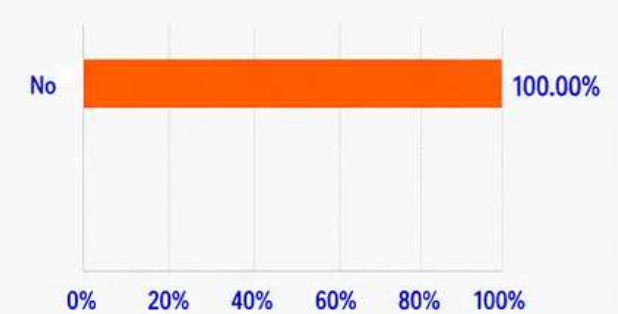
FACTOR 3

NO ABUSE OR NEGLECT



Is there abuse, neglect or seriously
deficient parenting by you that
could explain your child's
rejection?

(n = 1,705)



100.00% report no abuse, neglect or
seriously deficient parenting.



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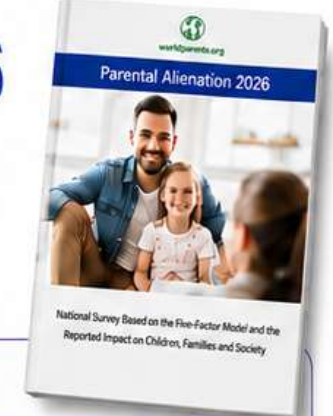
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PARENTAL ALIENATION SURVEY 2026 RESULTS – FACTOR 4 & FACTOR 5

Based on the Five-Factor Model

Total Respondents: 1,705



FACTOR 4 ALIENATING BEHAVIORS

Top 5 behaviors by the other parent based on combined frequency of Often + Always

OFTEN + ALWAYS

- | | | |
|---|---|------------------------------------|
| 1 | Undermining your parent authority | 69.42%
(27.77% + 41.65%) |
| 2 | Making false allegations against you | 66.78%
(25.98% + 40.80%) |
| 3 | Interfering with communication | 66.02%
(34.16% + 31.86%) |
| 4 | Limiting contact | 64.91%
(29.13% + 35.78%) |
| 5 | Confiding in your child about adult matters | 53.06%
(28.19% + 24.87%) |

These behaviors reflect attempts to alienate the child from you through manipulation, control and interference.



FACTOR 5 BEHAVIORAL SIGNS IN THE CHILD

Top 5 signs in the child based on combined frequency of Often + Always

OFTEN + ALWAYS

- | | | |
|---|--|------------------------------------|
| 1 | Lack of understanding different sides | 47.74%
(22.40% + 25.34%) |
| 2 | Use of borrowed scenarios and phrases | 44.89%
(26.62% + 18.27%) |
| 3 | Weak, frivolous, or absurd reasons for rejection | 39.00%
(20.73% + 18.27%) |
| 4 | Absence of guilt over cruelty towards you | 37.13%
(15.42% + 21.71%) |
| 5 | Unjustified rejection | 36.34%
(21.61% + 14.73%) |

These signs may indicate that the child is experiencing the effects of alienation and internal conflict.



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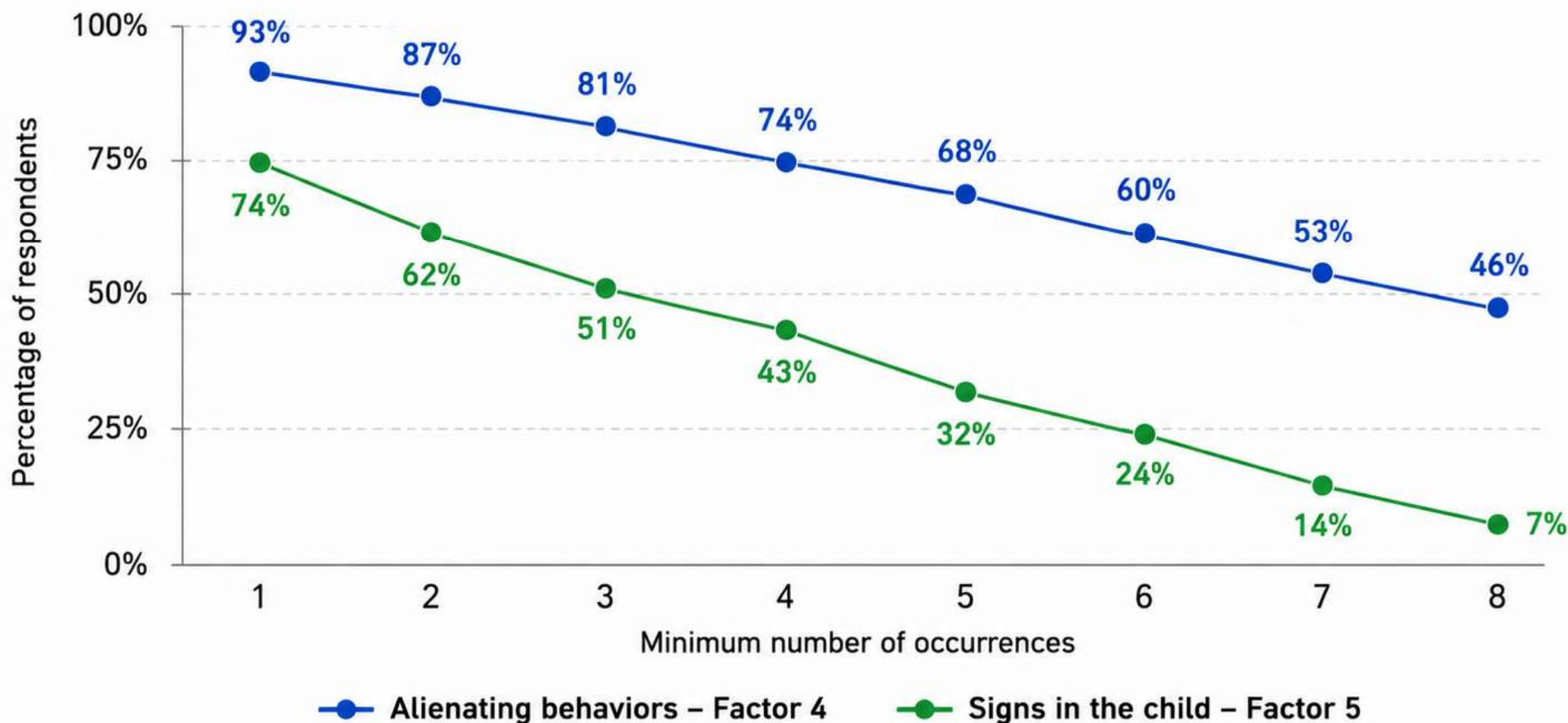
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Frequency of Behaviors and Signs by the Five-Factor Model

Percentage reporting at least the given number of occurrences (often or always).



Factor 4: n=1,012. Factor 5: n=992.

Respondents with unanswered “Not relevant” are not included in this analysis.



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PARENTAL ALIENATION SURVEY 2026

RESULTS – HUMAN AND SOCIETAL IMPACT

Based on the Five-Factor Model

Total Respondents: 1,705



TOP 10 – HUMAN AND SOCIETAL IMPACT

% Reporting Significantly Affected + Catastrophic

COMBINED %

1		Mental well-being	68.32%
2		Trust in authorities	56.25%
3		Relationship to family	51.51%
4		Children's health and well-being	46.88%
5		Social life	37.82%
6		Financial situation	36.85%
7		Personal reputation	35.56%
8		Physical health	35.24%
9		Career / job	27.27%
10		Trust to others	27.15%

Parental alienation has a profound and wide-ranging impact on individuals across all areas of life – affecting well-being, relationships, opportunities and trust in people and institutions.



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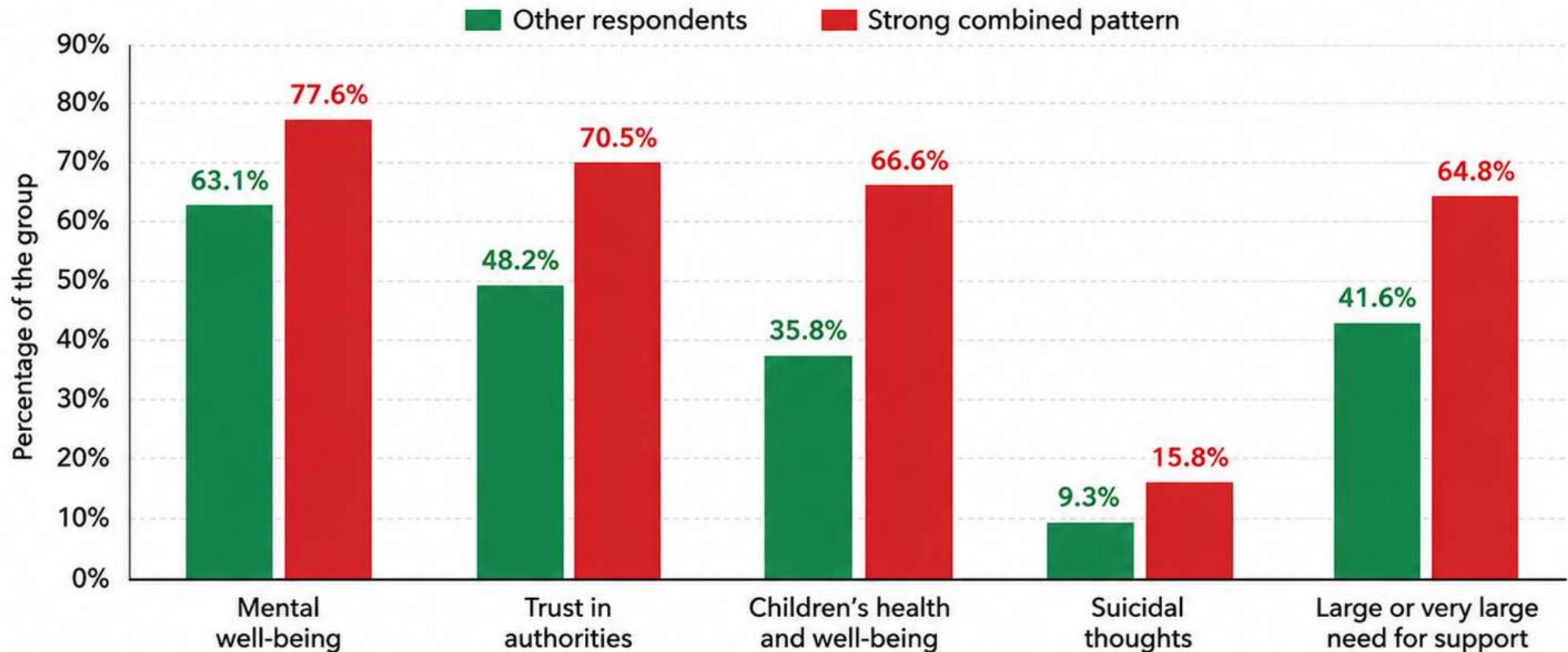


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A strong combined pattern is associated with broader and more severe stress



Respondents with a strong combined pattern report a significantly greater impact on well-being, trust in authorities, children's well-being, suicidal thoughts, and the need for support.

Basis: 1,018 complete Five-Factor responses. Operational criteria: n = 928; support need: n = 924.
Some responses not included.



Definition of "strong combined pattern" in this analysis

In this analysis, the term "strong combined pattern" refers to respondents who meet the following operational criteria:

- ✓ The child avoids contact with the parent at least sometimes.
- ✓ The respondent previously had a normal or always healthy and mutually satisfying relationship with the child.
- ✓ The respondent has answered no to the screening question about violence, abuse, or neglect.
- ✓ At least two alienating behaviors are reported as occurring often or always.
- ✓ At least three child behavior signs are reported as occurring often or always.



ZOOM POLL

POLL

**What are the biggest
challenge in
parental alienation?**



YOUR ANSWER HELPS BUILD CONNECTION



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POLL

**How do we best create
real and lasting
solutions?**



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Perth 2026



11 - 13 October 2026, Perth, Australia.

<http://pasg2026perth.au>